



# LUNCH

## NOVEMBER 2016

### Shrewsbury Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>* Monti's Pizza</b> <b>Assorted Sandwiches</b> Baked Fries Green Beans Caesar Salad Strawberries	<b>2</b> <b>Popcorn Chicken</b> <b>Grilled Chicken BLT Wrap</b> Mashed Potato Corn Tossed Salad Roll Pears	<b>3</b> <b>* Papa Gino Pizza</b> <b>Chef's Choice</b> Baked Spiral Fries Steamed Broccoli Cherry Tomato Basil Salad Peaches	<b>4</b> <b>*Mozzarella Sticks/Marinara Sauce</b> <b>Assorted Sandwiches /Baked Chips</b> Macaroni Salad Carrot Sticks Roll Blueberries
<b>7</b> <b>Taco Salad Bowl</b> <b>Assorted Sandwiches /Baked Chips</b> Celery Sticks and Ranch Dip Green Beans Apple Sauce	<b>8</b> <b>No School</b> <b>Election Day</b>	<b>9</b> <b>Chicken Nuggets</b> <b>Chicken Caesar or *Caesar Salad Bowl</b> Mashed Potato Corn Roll Raisins Chocolate Chip Cookie	<b>10</b> <b>* Papa Gino Pizza</b> <b>Chef's Choice</b> Baked Sweet Potato Fries Cherry Basil Tomato Salad Strawberries	<b>11</b> <b>No School</b> <b>Veteran's Day</b>
<b>14</b> <b>Fenway Frank</b> <b>Grilled Chicken Wrap</b> Baked Fries Baked Beans Mixed Fruit	<b>15</b> <b>* Monti's Pizza</b> <b>Assorted Sandwiches</b> Baked Fries Green Beans Caesar Salad Strawberries	<b>16</b> <b>Popcorn Chicken</b> <b>Hamburger/*Garden Burger</b> Mashed Potato Corn Tossed Salad Roll Pears	<b>17</b> <b>* Papa Gino Pizza</b> <b>Chef's Choice</b> Baked Spiral Fries Broccoli Cherry Tomato Basil Salad Peaches	<b>18</b> <b>Pasta with Meat or *Marinara Sauce</b> <b>Chicken Patty on a Roll /Baked Chips</b> Steamed Carrots Caesar Salad Blueberries Garlic Knot Roll
<b>21</b> <b>Burger and Toppings</b> <b>*Cheese Quesadilla</b> Baked Fries Broccoli Apple Slices Chocolate Chip Cookie	<b>22</b> <b>* Monti's Pizza</b> <b>Assorted Sandwiches</b> Baked Fries Green Beans Caesar Salad Strawberries			

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## NOVEMBER 2016

### Shrewsbury Middle School

<b>28</b> <b>Chicken Parmesan over Pasta</b> <b>Assorted Sandwiches / Baked Chips</b> Celery Sticks and Ranch Dip Green Beans Garlic Knot Apple Sauce	<b>29</b> <b>* Monti's Pizza</b> <b>Assorted Sandwiches</b> Baked Fries Green Beans Caesar Salad Strawberries	<b>30</b> <b>Popcorn Chicken</b> <b>Hamburger/*Garden Burger</b> Mashed Potato Corn Tossed Salad Roll Pears		
<b>Lunch \$3.50</b> <b>Reduced Lunch\$.40</b> <b>Milk/Bottled Water/Juice \$.65</b> <b>Cookie \$.65</b> <b>Snacks \$1.00</b> <b>Check - <u>What's on the Menu</u> for monthly promos</b>		Please call the Cafeteria Manager at your child's school if you have questions about food ingredients or allergens.		<b>All Lunches include Milk, Juice and Fruit and Vegetable Bar</b>

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